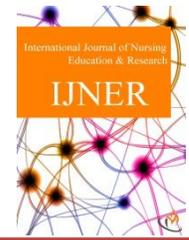




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## STUDY TO ASSESS THE LEVEL OF POST TRAUMATIC STRESS EXPERIENCE BY MYOCARDIAL INFARCTION PATIENT ATTENDING THE MEDICAL OUT PATIENT DEPARTMENT IN SELECTED HOSPITAL

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### ABSTRACT

The present study was conducted to assess the level of post traumatic stress experience by myocardial Infarction patient. Pre-experimental descriptive design had been used for this study. A total number of clients who are diagnosed with Myocardial infarction for first and subsequent time, Patients who have recovered from myocardial infarction met with inclusion criteria had been selected from medical Out Patient Department in selected hospital by using convenient sampling technique. The investigator first introduced her to the clients and developed a rapport with them. The study participants were selected and post traumatic stress was assessed.

### INTRODUCTION

Post-traumatic stress disorder (PTSD) is a mental health condition that's triggered by a terrifying event. Symptoms may include flashbacks, nightmares and severe anxiety, as well as uncontrollable thoughts about the event. Many persons who experience traumatic events have difficulty in adjusting and coping for a while. But with time and taking care of themselves, such traumatic reactions usually get better

### Statement of the Problem

Study to assess the level of post-traumatic stress experience by myocardial infarction patient attending the medical outpatient department in selected hospital.

### AIM

To evaluate the level of post-traumatic stress

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experience by myocardial infarction patient attending the medical outpatient department.

### Objectives

1. To assess the level of posttraumatic stress experienced by myocardial infarction patients
2. To associate the level of post-traumatic stress experienced by myocardial infarction patient with their demographic variables.

### Hypotheses

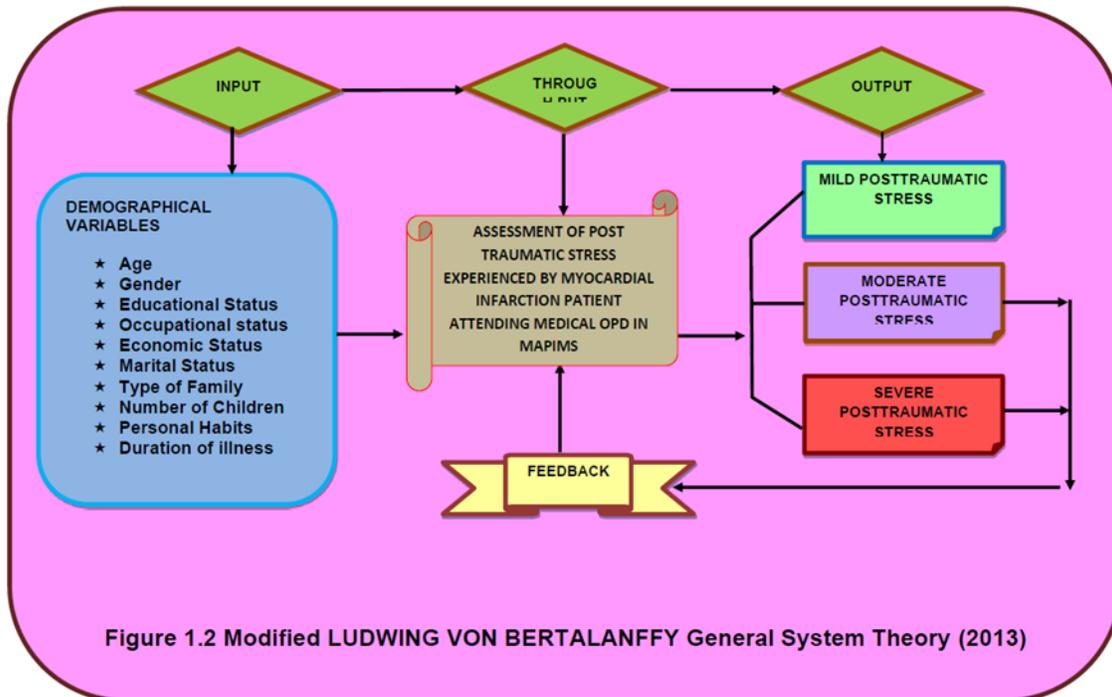
- There is significant association of the level of post traumatic stress experiences with selected demographical variables among myocardial infarction client.

### Assumption

After myocardial infarction patient may experience post-traumatic stress during their recovery period



## CONCEPTUAL FRAMEWORK



### Inclusive Criteria

1. Patient who are diagnosed with Myocardial infarction for first and subsequent time.
2. Patients who have recovered from myocardial infarction.
3. Patients who can understand and speak Tamil or English.
4. The health status of the patient is assessed by old patients Out Patient Department card, patients' investigation and by the old Out Patient Department register.

### Exclusive Criteria

1. Patients who are not willing to participate in the study.
2. Patients who are not available at the time of data collection.

### Pilot Study

The pilot study was conducted to assess the post-traumatic stress evidenced by myocardial infarction patient who is attending medical outpatient department selected hospital for 3days with 6 samples. The modified tools were utilized by the investigator to find out the reliability validity. The tools were evaluated by the experts of the

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research committee. The investigator used convenient sampling technique to select five samples and by using rating scale and checklist the data were collected. The patient post traumatic level for myocardial INFARCTION patient were assessed and evaluated by chi-square method. The pilot study samples were excluded from the main study.

### Implication in Nursing Research

Nursing research can be focused on selected aspects of posttraumatic stress on myocardial infarction, which could help to improve nurse's autonomous decisions and collaborate with the medical team to ensure continuing to improve the skill in managing stress.

Dissemination of findings through conference and professional journals will make application of research findings to be effective.

### Recommendations

Based on the research findings of study the following recommendations can be made Similar study can be undertaken with a large sample to generalize the findings. A similar study can be done among respiratory disorder patents.

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