



## POLYMORPHISM RS12997 IN THE 3' UNTRANSLATED REGION OF ACTIVIN A RECEPTOR TYPE 1 GENE IS ASSOCIATED WITH NORMAL-TENSION GLAUCOMA

Altaf A. Kondkar<sup>1,2,3\*</sup>, Tahira Sultan<sup>1</sup>, Taif A. Azad<sup>1</sup>, Saleh A. Al-Obeidan<sup>1,2</sup>

<sup>1</sup>King Saud University-Research Center for Excellence in Ophthalmology and Visual Sciences, Department of Ophthalmology, College of Medicine, King Saud University, Riyadh, Saudi Arabia,

<sup>2</sup>Glaucoma Research Chair in Ophthalmology, College of Medicine, King Saud University, Riyadh, Saudi Arabia,

<sup>3</sup>King Saud University Medical City, King Saud University, Riyadh, Saudi Arabia.

### Article Info

Received 23/09/2025

Revised 16/10/2025

Accepted 24/11/2025

### Key words: -

*ACVR1*, *BMP6*, genetics, glaucoma, Saudi Arabs.

### ABSTRACT

Aim of the study: To determine association of rs12997 (A>G) and rs1043784 (T>C) located in the 3'untranslated region (UTR) region of *ACVR1* and *BMP6* genes, respectively, in normal-tension glaucoma (NTG) patients of Saudi origin. Materials and Methods: In a case-control study, rs12997 and rs1043784 genotyping was performed in 250 non-glaucoma controls and 102 NTG patients using the TaqMan real-time PCR assays. Statistical analysis was performed to evaluate any allelic/genotype association of polymorphisms with the disease or its related clinical markers. Results: Rs12997[G] allele frequency was significantly ( $p=0.035$ ) higher in cases (0.42) than controls (0.33). The rs12997 genotypes showed significant association with NTG in co-dominant, recessive, and log-additive models. The rs12997 G/G genotype exhibited a significant two-fold increased risk of NTG independent of age, sex, and rs1043784 genotype in binary logistic regression analysis (odds ratio=2.12, 95% confidence interval=1.05–4.25,  $p=0.034$ ). Rs1043784 polymorphism showed no significant association with NTG. Both the polymorphisms showed no association with intraocular pressure, cup/disc ratio, and number of antiglaucoma medications. Conclusion: Rs12997 polymorphism in the 3'UTR region of *ACVR1* is significantly associated with NTG in a Saudi cohort. However, further studies are needed in a large population-based cohort, potentially with age and gender-matched controls, and in different ethnicities to validate these findings.

### INTRODUCTION

The role of members of the transforming growth factor- $\beta$  (TGF- $\beta$ ) superfamily of growth factors in glaucoma pathogenesis is well documented [1]. The TGF- $\beta$  family also includes bone morphogenetic proteins (BMPs), activins, and other signaling molecules. Activin A receptor type I (*ACVR1*), also known as ALK2, is a member of the BMP signaling pathway that encodes a BMP type I receptor and is linked to a wide variety of pathologies, including glaucoma [2].

Corresponding Author

**Altaf A. Kondkar**

Email: [akondkar@gmail.com](mailto:akondkar@gmail.com)

*BMP6* is an *ACVR1* ligand and plays a significant role in the pathogenesis of age-related macular degeneration, retinal pigment epithelial cells protection against oxidative damage, and apoptosis [3]. Similar to TGF- $\beta$  cytokine, signaling by BMP ligands involves the interaction of type I and type II transmembrane serine/threonine kinase receptors via SMAD1/5/8 (canonical) or p38/JNK/MAP kinase (non-canonical) pathways [4]. Besides, these molecules are abundantly expressed in the human eye tissues [5].

Our group has previously investigated the association of polymorphisms rs12997 (A>G) and rs1043784 (T>C) located in the 3'untranslated region (UTR) region of *ACVR1* and *BMP6* genes, respectively,



and for the first time reported a significant association of rs12997 polymorphism in primary open-angle (POAG), angle-closure, and pseudo exfoliation glaucoma [6, 7]. This evidence strongly supports a general role for this genetic variant in TGF-β/BMP signaling-related glaucoma pathogenesis. Considering this shared etiology, and recognizing that IOP elevation is absent in NTG, we hypothesize that this polymorphism may contribute to NTG pathogenesis through a mechanism independent of elevated IOP. Therefore, using an independent cohort of Saudi NTG patients in this study we examined the association of the *ACVRI* rs12997 (A>G) and *BMP6* rs1043784 (T>C) polymorphisms with NTG susceptibility.

**MATERIALS AND METHODS**

**Study design and Ethical considerations:**

We performed a retrospective case-control genetic association study. The study was approved by our Institutional Review Board/Ethics Committee and adhered to the tenets of the Declaration of Helsinki for human research (protocol number #09-657). Written informed consents were obtained from all the participating individuals.

**Study cohort:**

Participants of Saudi origin were recruited from the glaucoma clinic of our University Hospital. The NTG patients (n = 102) had adult-onset primary open-angle glaucoma with normal intraocular pressure (IOP) (less than 21 mmHg measured by Goldmann tonometry) in the presence of visual field loss and/or glaucomatous optic disc changes were included in this study. Ethnicity-matched controls of Saudi origin (n=250) were greater than 40 years of age, with normal IOP (<21 mmHg), healthy optic disc (cup/disc <0.5), open angles on gonioscopy, and free from any form of glaucoma on examination.

**Genotyping of rs12997 and rs1043784:**

DNA extracted from whole EDTA blood using QIAamp DNA Blood Mini Kit (Cat. No. 51306, Qiagen, Hilden, Germany) were subjected to genotyping using the commercially available real-time PCR-based TaqMan® SNP genotyping assays, ID# C\_\_7545093\_10 and C\_\_2064624\_20, respectively (Catalog number: 4351379, Applied Biosystems Inc., Foster City, CA, USA) under the

recommended PCR conditions on ABI 7500 (Applied Biosystems Inc.) as described previously [8].

**Statistical analysis:**

Statistical analysis was performed using SPSS version 22 (IBM Inc., Chicago, Illinois, USA) and SNP Stats online software (<https://www.snpstats.net/start.htm>). Pearson’s Chi-square analysis and Fisher’s test (where applicable) were used to test Hardy-Weinberg Equilibrium (HWE), gender distribution, allele and genotype associations. Normality testing of continuous variables was performed and accordingly group comparisons were done using the Mann-Whitney U test (2-groups comparison) and Kruskal-Wallis’s test (3-groups comparison). Regression analysis was performed to test the effects of multiple factors (age, sex, genotypes) on glaucoma outcome. A  $p<0.05$  (2-tailed) was considered significant. Bonferroni’s correction was used to adjust for multiple testing and corrected  $p$ -value was considered where applicable.

**RESULTS**

Age and gender distribution among the study groups were non-significant ( $p>0.05$ ) (Table 1). The control group showed no significant deviation from Hardy Weinberg Equilibrium ( $p>0.05$ ). As shown in Table 1, the minor rs12997[G] allele frequency was 0.33 and 0.42 in controls and cases, respectively, and significantly different ( $p=0.035$ ); whereas, rs1043784[C] allele frequency distribution was non-significant ( $p=0.920$ ) in cases (0.18) and controls (0.15).

The *ACVRI* rs12997 genotypes showed significant association with NTG in co-dominant, recessive, and log-additive models. No significant association was observed for *BMP6* rs1043784 genotypes (Table 2).

The rs12997 G/G genotype exhibited a significant two-fold increased risk of NTG independent of age, sex, and rs1043784 genotype in binary logistic regression analysis (odds ratio=2.12, 95% confidence interval=1.05–4.25,  $p=0.034$ ) (Table 3). However, clinical parameters such as intraocular pressure, cup/disc ratio, and the number of antiglaucoma medications, markers of disease severity, showed no significant genotype association with both variants.

**Table 1: Demographic characteristics and distribution of allele frequencies of rs12997 in *ACVRI* and rs1043784 in *BMP6* genes in normal-tension glaucoma and controls.**

Characteristics	NTG (n=150)	Controls (n=250)	Odds ratio	95% confidence interval	p-value
Age in years (SD)	57.9 (12.8)	59.8 (11.5)	-	-	0.056
Male/Female, n	51/51	136/114	1.01	0.67 – 1.52	0.454
Allele Frequency					
Rs12997 ( <i>ACVRI</i> )					
A	0.58	0.67	1	Reference	-
G	0.42	0.33	1.43	1.02 – 2.00	0.035
Rs1043784 ( <i>BMP6</i> )					



T	0.82	0.85	1	Reference	-
C	0.18	0.15	1.21	0.78 – 1.87	0.383

Significant odds ratio and p-value in bold.  
NTG, normal-tension glaucoma.

Table 2: Genotype analysis of polymorphisms rs12997 in *ACVRI* and rs1043784 in *BMP6* under different genetic models.

SNP ID / Model	Genotype	Subjects		Odds ratio (95% confidence interval)	p-value
		Controls, n (%)	NTG, n (%)		
<b>rs12997</b>					
Co-dominant	A/A	110 (44.4)	41 (40.2)	1.00	<b>0.012<sup>†</sup></b>
	A/G	111 (44.8)	37 (36.3)	0.89 (0.53-1.50)	
	G/G	27 (10.9)	24 (23.5)	<b>2.38 (1.24-4.60)*</b>	
Dominant	A/A	110 (44.4)	41 (40.2)	1.00	0.470
	A/G-G/G	138 (55.6)	61 (59.8)	1.19 (0.74-1.89)	
Recessive	A/A-A/G	221 (89.1)	78 (76.5)	1.00	<b>0.003<sup>‡</sup></b>
	G/G	27 (10.9)	24 (23.5)	<b>2.52 (1.37-4.62)</b>	
Log-additive	---	---	---	<b>1.40 (1.01-1.93)</b>	<b>0.044</b>
<b>rs1043784</b>					
Co-dominant	T/T	184 (73.6)	73 (71.6)	1.00	0.440
	C/T	57 (22.8)	22 (21.6)	0.97 (0.55-1.71)	
	C/C	9 (3.6)	7 (6.9)	1.96 (0.70-5.46)	
Dominant	T/T	184 (73.6)	73 (71.6)	1.00	0.700
	C/T-C/C	66 (26.4)	29 (28.4)	1.11 (0.66-1.85)	
Recessive	T/T-C/T	241 (96.4)	95 (93.1)	1.00	0.200
	C/C	9 (3.6)	7 (6.9)	1.97 (0.71-5.45)	
Log-additive	---	---	---	1.18 (0.79-1.77)	0.420

\* A/A vs. G/G p-value=0.0085

<sup>†</sup> p-value=0.032 adjusted for age and sex

<sup>‡</sup> p-value=0.010 adjusted for age and sex

NTG, normal-tension glaucoma.

Significant odds ratio and p-value in bold. Bonferroni corrected p-value is 0.01.

Table 3: Regression analysis to determine the effect of age, sex, and polymorphisms on the risk of normal-tension glaucoma

Group Variables	B	SE	Wald	Odds ratio (95% confidence interval)	p-value
Age	0.020	0.013	2.415	0.98 (0.95 – 1.00)	0.120
Sex	-0.185	0.248	0.554	0.83 (0.51 – 1.35)	0.457
<b>rs12997</b>	---	---	6.467	---	<b>0.039</b>
A/G	-0.140	0.273	0.264	0.87 (0.50 – 1.48)	0.607
G/G	0.752	0.355	4.480	<b>2.12 (1.05 – 4.25)</b>	<b>0.034</b>
<b>rs1043784</b>	---	---	0.060	---	0.970
T/C	0.129	0.550	0.055	1.13 (0.38 – 3.34)	0.815
C/C	-0.013	0.306	0.002	0.98 (0.54 – 1.80)	0.966
Constant	-0.496	0.770	0.415	1.642	0.520

Significant odds ratio and p-value in bold.

## DISCUSSION

Members of the complex TGF-β/BMP signaling pathway have been implicated in the maintenance of TM homeostasis and glaucoma pathogenesis [9]. Thus, it is likely that any alterations in the expression of genes involved in BMP signaling pathway as a result of genetic polymorphism(s), may have functional consequences and thereby influence the disease risk [4]. Accordingly, similar

to the previously published findings in other forms of glaucoma [6, 7], NTG was significantly associated with rs12997 in *ACVRI* but not with rs1043784 in *BMP6*.

The MAF of rs12997[G] observed in our Saudi cohort (0.33 in controls) was comparable to the Europeans (0.28) and Asians (0.34), but different (lower) than the Africans and African American population (0.84) as noted in the Allele Frequency Aggregator (ALFA) database,



indicating ethnic variability. The exact molecular mechanism(s) by which the *ACVRI* variant may influence NTG risk is unknown. The causal role of *ACVRI* mutations has been extensively studied in fibrodysplasia ossificans progressiva (FOP), a rare genetic disease characterized by progressive heterotopic ossification [2, 10]. Interestingly, few FOP patients having *ACVRI* mutation were reported to exhibit childhood glaucoma [11], supporting its role in glaucoma. Vascular endothelial dysfunction is believed to be one of the mechanisms responsible for NTG development and progression [12]. Likewise, increased endothelin-1 (ET-1) levels and polymorphisms in this gene have been reported to be associated with NTG [12, 13]. ET-1 promotes vasoconstriction by interacting with its receptors [12]. Interestingly, ALK2 (*ACVRI*) was reported to be an essential receptor in ET-1 production, which was blocked by ALK2 (*ACVRI*) knockdown [14]. Since rs12997 is located in the 3'UTR region, *ACVRI* expression may be regulated by specific miRNAs, affecting mRNA stability. Thus, the mutant allele might exhibit increased expression of *ACVRI* and plausibly affect ET-1 production and the risk of NTG. Other potential mechanism for *ACVRI* in glaucoma may include trabecular meshwork modulation via regulation of Wnt signaling [15]. *ACVRI* has also been reported to function as a tumor suppressor gene in the mouse lens [16]. Further in-vitro and molecular studies are needed to support this hypothesis. Unlike *ACVRI*, no association was detected for rs1043784 in *BMP6* gene, suggesting that *BMP6* may not have a major role in glaucoma pathogenesis. However, the plausible role of other polymorphism(s) in *BMP6* cannot be ruled out.

In conclusion, our study reports a significant association of variant rs12997 in the 3'UTR region of *ACVRI* with NTG in an independent Saudi cohort, validating the critical role of this polymorphism and TGF- $\beta$ /BMP signaling pathway in glaucoma. The consistent

association of rs12997 in *ACVRI* in NTG, and other types of glaucoma [6, 7] suggests an essential role that this variant/gene may have and the presence of a common underlying molecular mechanism in glaucoma pathogenesis, independent of IOP status, perhaps through its involvement in ET-1 production or miRNA-mediated expression regulation, providing novel pathogenetic insights into the IOP-independent factors involving this form of glaucoma. However, the study is limited by sample size and the lack of functional validation. Future in vitro mechanistic studies are essential to confirm the proposed role of *ACVRI* rs12997 polymorphism in NTG via ET-1 and miRNA/mRNA regulation, and large-scale, multi-ethnic cohorts must be investigated to validate this polymorphism as a strong genetic biomarker of NTG susceptibility across wider populations.

## DECLARATIONS

### Ethical statement:

The study adhered to the Declaration of Helsinki principles and was approved by the institutional review board committee at the College of Medicine, King Saud University, Riyadh, Saudi Arabia.

### Acknowledgments:

The authors would like to thank the Vice Deanship of Scientific Research Chair, Glaucoma Research Chair in Ophthalmology at the King Saud University. We would also like to thank our clinical coordinator Mr. Abdulrahman Al-Mosa for his assistance.

### Conflict of interests:

The authors report no conflicts of interest. The authors alone are responsible for the content and writing of the paper.

## REFERENCES

- Hachana, S., & Larrivée, B. (2022). TGF- $\beta$  superfamily signaling in the eye: Implications for ocular pathologies. *Cells*, 11(15), 2336.
- Valer, J. A., Sánchez-de-Diego, C., Pimenta-Lopes, C., Rosa, J. L., & Ventura, F. (2019). *ACVRI* function in health and disease. *Cells*, 8(11), 1366.
- Chen, L., Liu, M., Luan, Y., Liu, Y., Zhang, Z., Ma, B., et al. (2018). BMP-6 protects retinal pigment epithelial cells from oxidative stress-induced injury by inhibiting the MAPK signaling pathways. *International Journal of Molecular Medicine*, 42(2), 1096–1105.
- Gomez-Puerto, M. C., Iyengar, P. V., García de Vinuesa, A., Ten Dijke, P., & Sanchez-Duffhues, G. (2019). Bone morphogenetic protein receptor signal transduction in human disease. *Journal of Pathology*, 247(1), 9–20.
- Wordinger, R. J., Agarwal, R., Talati, M., Fuller, J., Lambert, W., & Clark, A. F. (2002). Expression of bone morphogenetic proteins (BMP), BMP receptors, and BMP-associated proteins in human trabecular meshwork and optic nerve head cells and tissues. *Molecular Vision*, 8, 241–250.
- Kondkar, A. A., Sultan, T., Azad, T. A., Osman, E. A., Almobarak, F. A., & Al-Obeidan, S. A. (2020). Association analysis of polymorphisms rs12997 in *ACVRI* and rs1043784 in *BMP6* genes involved in bone morphogenetic protein signaling pathway in primary angle-closure and pseudoexfoliation glaucoma patients of Saudi origin. *BMC Medical Genetics*, 21(1), 145.
- Kondkar, A. A., Azad, T. A., Sultan, T., Osman, E. A., Almobarak, F. A., & Al-Obeidan, S. A. (2021). Association of rs12997 variant in the *ACVRI* gene: A member of the bone morphogenetic protein signaling pathway with primary open-angle glaucoma in a Saudi cohort. *Journal of Investigative Medicine*, 69(2), 402–407.



8. Abu-Amero, K. K., Azad, T. A., Mousa, A., Osman, E. A., Sultan, T., & Al-Obeidan, S. A. (2013). A catalase promoter variant rs1001179 is associated with visual acuity but not with primary angle closure glaucoma in Saudi patients. *BMC Medical Genetics*, 14, 84.
9. Tovar-Vidales, T., Fitzgerald, A. M., & Clark, A. F. (2016). Human trabecular meshwork cells express BMP antagonist mRNAs and proteins. *Experimental Eye Research*, 147, 156–160.
10. Bocciardi, R., Bordo, D., Di Duca, M., Di Rocco, M., & Ravazzolo, R. (2009). Mutational analysis of the *ACVR1* gene in Italian patients affected with fibrodysplasia ossificans progressiva: Confirmations and advancements. *European Journal of Human Genetics*, 17(3), 311–318.
11. Kaplan, F. S., Xu, M., Seemann, P., Connor, J. M., Glaser, D. L., Carroll, L., et al. (2009). Classic and atypical fibrodysplasia ossificans progressiva (FOP) phenotypes are caused by mutations in the bone morphogenetic protein (BMP) type I receptor *ACVR1*. *Human Mutation*, 30(3), 379–390.
12. Kaiser, H. J., Flammer, J., Wenk, M., & Lüscher, T. (1995). Endothelin-1 plasma levels in normal-tension glaucoma: Abnormal response to postural changes. *Graefe's Archive for Clinical and Experimental Ophthalmology*, 233(8), 484–488.
13. Trivli, A., Koliarakis, I., Terzidou, C., Goulielmos, G. N., Siganos, C. S., Spandidos, D. A., et al. (2019). Normal-tension glaucoma: Pathogenesis and genetics. *Experimental and Therapeutic Medicine*, 17(1), 563–574.
14. Star, G. P., Giovinazzo, M., & Langleben, D. (2013). ALK2 and BMPR2 knockdown and endothelin-1 production by pulmonary microvascular endothelial cells. *Microvascular Research*, 85, 46–53.
15. Kamiya, N., Kaartinen, V. M., & Mishina, Y. (2011). Loss-of-function of *ACVR1* in osteoblasts increases bone mass and activates canonical Wnt signaling through suppression of Wnt inhibitors SOST and DKK1. *Biochemical and Biophysical Research Communications*, 414(2), 326–330.
16. Wiley, L. A., Rajagopal, R., Dattilo, L. K., & Beebe, D. C. (2011). The tumor suppressor gene Trp53 protects the mouse lens against posterior subcapsular cataracts and the BMP receptor *ACVR1* acts as a tumor suppressor in the lens. *Disease Models & Mechanisms*, 4(4), 484–495.

